



## **Ballroom & Latin Registered Competition Couples Information**

### Helpful Websites for Competition Information

- [http://dancesportlive.net/dsl\\_nz/](http://dancesportlive.net/dsl_nz/)
- <http://www.dancesportcouncil.com/>
- <http://www.dancesportpromotions.co.nz/>

### Competitions

- Submitting competition entries is the responsibility of the partnership, unless specified otherwise (e.g. Inter-Studio Festivals). This is to ensure the partnership is entered in the number/style of events they would like and in events where they have a routine that is ready for the competition floor.
- Coaches and administration are happy to assist you if needed, please speak with us during your lesson time or send an email for any help you need
- Please be aware of Level 1 events being restricted to syllabus routines
- We have competition attire available to hire - please email us if you are looking to hire anything

### Dancesport Age Categories

The age is taken from the oldest person in the partnership as at the 1st of January in the year they're competing.

- Juvenile: 0 -12 years
- Junior: 13 - 15 years
- Youth: 16 - 20 years
- Adult: 16 - 34 years
- Masters 1: 35 - 49 years
- Masters 2: 50+

### Levels

#### **NZ Ballroom Dance Council**

- Level 1
- Level 2
- Level 3
- Level 4
- Level 5

#### **NZRDI \*\*NEW system in 2021**

- C Grade (Level 1)
- B Grade (Level 2 & 3)
- A Grade (Level 4 & 5)





Routines

- Level 1 routines are restricted syllabus
- Level 2+ routines are open syllabus

Upgrading

Dancers start in Level 1/C Grade and have to win events to upgrade out of that level. An idea of how the upgrading system works is below (**Please Note:** this is from the NZRDI Website from January 2021 and is only shown as a guide - it may not apply to all organisations and/or competitions). We recommend looking up the rules for each competition for accurate information.

There are 5 grades and Open

Grade	Number of Dances	Wins Required to Upgrade	Minimum number of competitors for win	Eligible to dance
Level 1	1	3	3	Level 1 and Level 2
Level 2	2	3	5	Level 2 and Level 3
Level 3	3	6	3	Level 3 and Level 4
Level 4	5	6		Level 4 and Level 5
Level 5	4 or 5	Not Applicable		Level 5
Open	4 or 5	Not Applicable		Eligibility to dance determined by Competition Organiser

Competition Simulation Sweat Session

- Runs on Wednesdays from 6:30 - 8:00pm
- This is a designated time and space at the studio for students to run their routines uninterrupted on the floor with other couples, it is designed to simulate the competition experience
- Please Note: it is not a coaching session
- There are at least 2 opportunities to run through each of the Ballroom & Latin dances. If you are level 1, this gives you an opportunity to run both your Restricted Syllabus Routines (Level 1) and Open Syllabus Routines (Level 2+)

